

Spring Equinox Sacred Tour of Mayan Culture and Ixchel Sanctuary
Isla Mujeres and Cancun
Saturday Mar 18 - Wednesday Mar 22 \$999.00*
Optional tour of Chichen Itza Friday March 17 \$225.00*

Tour includes 5 nights lodging double occupancy, all in-country transportation, entrance fees, and guided tours. Does not include meals, gratuities, airfare, or transportation from airport. Itinerary Subject To Change. *Plus tax for NM residents.

Chichen Itza Tour: Includes 1 night lodging double occupancy, transportation and entrance fees to archaeological site. Does not include meals or gratuities. Itinerary Subject To Change. *Plus tax for NM residents.

If you want single occupancy, please email Anne for information (anne@goddess-ink.com).

Optional Trip: You may choose to begin this trip with a one-day excursion to Chichen Itza. If so, arrive on Friday 3/17 and spend Saturday 3/18 touring the ruins. The type of architecture at this ruin is very different from other Mayan architecture because of the Toltec influence. There are many images of Quetzalcoatl, the feathered serpent, an image which embodies the idea of the precious knowledge which show us the path to transcend our human nature to reach our divine selves. While touring the ruins, we will take a shamanic journey.

Saturday 3/18: After your flight into Cancun, we will meet at the hotel for an evening get together at 8pm. You will receive your tour packet, meet your guide, and get to know everyone.

Sunday 3/19: We will board the ferry and ride the 40 minutes to Isla Mujeres. We will check into our hotel and spend time on the beach. You will fall in love with the beautiful energy of this island. You will feel the mother holding you. We will have a *temazcal* in the evening. If you brought white ritual clothes, please wear them. Drink plenty of water (stay hydrated!). Wear your sandals and bring a sarong.

Spring Equinox Monday 3/20: On Friday morning we will visit the Sanctuary of Ixchel at the pyramids, where we will do a ritual and meditation. There will be time in the afternoon for communing with Ixchel on the beach. People from different parts of the Mayan lands would gather here to honor Ixchel. After lunch, there will be time on the beach. In the evening we will have a fire ceremony.

Tuesday 3/21: We will begin this beautiful day with an early morning *temazcal*. This final *temazcal* will be lead by Veronica. Our journey started with a *temazcal* to give us birth, and the final *temazcal* will give birth to a new life. We will work with honey, flowers, and copal from the area. There will be an evening ceremony and teaching on the beach.

Wednesday 3/22: In the morning we will make our final visit and ceremony to the Sanctuary of Ixchel. After this ceremony, you will have time for meditation on the beach, to integrate the experiences of the trip. In the late afternoon, we will head back to the ferry for the 40 minute ride to Cancun. We will meet for a final dinner in the evening.

Thursday 3/23: Return home.

Physical Requirements: To fully participate on this trip, you should be able to walk up and down steep steps (at least 60). Participants are always welcome to rest and wait for the group to finish any walking tour. To participate in the *temazcal*, you must be able to tolerate 100-120 degree temperatures in a closed space. You are always welcome to leave the ritual if you are uncomfortable.